

# MIM MANOCK INTEGRATIVE METHOD

## ATTACHMENT THEORY

...suggests that children come into the world biologically pre-programmed to form attachments with others, because this will help them to survive. MIM utilizes genogram, AAI, MAAI, and other tools to determine primary attachment style.



*We do as we  
have been done by.*  
- Dr. John Bowlby

## INTERSUBJECTIVITY



*You are in the  
room, so just  
be in the room.*

Intersubjectivity is most simply stated as the interchange of thoughts and feelings, both conscious and unconscious, between two persons or "subjects" as facilitated by empathy.

## NEUROBIOLOGY

This method explores the effect that therapy has on the brain and how the brain mechanism is directly impacted by life experiences. In the past, experts believed that neurological growth stopped as late as early adulthood. Neuroplasticity demonstrates that the formation of new neurons and neurological links continue throughout people's entire lives.

## IMAGE OF GOD

Just as any other relationship, God is an attachment figure. Informed by your primary attachment style and imprint from caregivers, each person wrestles with the Divine and their own role in history.



*Every human is  
haunted by eternity.*  
- Dr. David Manock

## EMOTIONALLY FOCUSED THERAPY

While often used for couples, EFT has also been adapted for use with families. This treatment can help couples and family members form a more secure emotional bond, which can result in stronger relationships and improved communication.



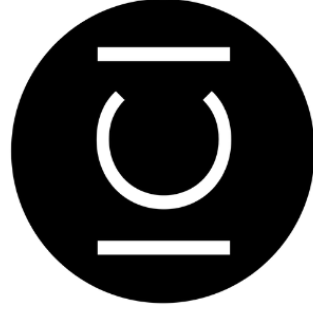
*To be human is to  
need others, and this  
is no flaw or  
weakness.*  
- Dr. Sue Johnson



*Where attention  
goes, neural firing  
flows, and neural  
connection grows.*  
- Dr. Daniel Siegel

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