

THE MANOCK INTEGRATIVE METHOD (MIM)

Through years of research and tens of thousands of client hours Dr. David Manock has weaved together his hybrid theory which takes the best of the following theoretical systems and integrates them into a cohesive whole known as the Manock Integrative Method or MIM for short:

ATTACHMENT THEORY | AT suggests that children come into the world biologically wired to form attachments with others. The MIM operates out of an attachment perspective, understanding that childhood and adult attachment bonds lie at the heart of what it is to be human. The MIM utilizes the genogram, AAI, MAAI, and other tools to determine primary attachment style and to help facilitate growth and healing. *"We do as we have been done by."* - Dr. John Bowlby

NEUROBIOLOGY | NB explores the impact of relationships and life experiences on the brain, as well as the effect that therapy has on brain function. In the past, experts believed that neurological growth stopped as late as early adulthood, but the discipline of neurobiology demonstrates that life-long neuroplasticity facilitates the formation of new neurons and neurological links throughout our entire lives. NB is transforming the field of psychology and is foundational to the MIM. *"Where attention goes, neural firing flows, and neural connection grows."* Dr. Daniel Siegel

INTERSUBJECTIVITY | IS acknowledges that humans possess internal working models that contain organizing principles to systematize our experience. In therapy IS is the interchange of thoughts and emotions both conscious and unconscious that form between two persons or "subjects," as facilitated by empathy, and moves psychology from a one-person to a two-person model, one that understands we are constantly operating in response to others. *"Intersubjective systems theory is the view that personal experience always emerges, maintains itself, and transforms in relational contexts."* - Dr. Donna M. Orange

EMOTIONALLY FOCUSED THERAPY | EFT, while often used for couples, has also been adopted for use with families. EFT is the most researched form of couple's therapy with an AT, Neuropsychology, and Gestalt base. This therapeutic method can help couples and family members form a more secure emotional bond, which can result in stronger relationships and improved communication. *"To be human is to need others, and this is no flaw or weakness."* - Dr. Sue Johnson

IMAGE OF GOD | IoG maintains that just as in any other relationship, humans view and relate to God as an attachment figure, whether they believe in him or not. Informed by our primary attachment styles and impacted by the imprints from our caregivers, each person wrestles with the Divine and with our own role in history. *"Every human is haunted by eternity."* Dr. David Manock



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Hope for Relationships

ICI Overview Brochure

Clinical
and
Pastoral
Counseling
and
Training



CLINICAL TRAININGS

- ATTACHMENT THEORY
- EMOTIONALLY FOCUSED THERAPY
- NEUROBIOLOGY OF RELATIONSHIPS
- INTERSUBJECTIVITY PSYCHOANALYSIS
- PRINCIPLES & TECHNIQUES OF COUNSELING
- PERSONALITY & COUNSELING THERAPY
- MARRIAGE & FAMILY THERAPY
- SOCIAL & CULTURAL FOUNDATIONS
- HUMAN GROWTH & DEVELOPMENT
- SUBSTANCE ABUSE COUNSELING



What ICI can offer you...

TRANSFORMATION FOR MIND, HEART, AND RELATIONSHIPS

We are passionate to help bring healing to people in interpersonal relationships as well as in organizational and cultural dynamics. The first way we do this is through offering compassionate and effective counseling to couples, individuals, families and more. Oftentimes counselors, with the best of intentions, are trying to get their clients out of pain as quickly as possible. While this may be the most comfortable, ICI counselors are trained to help clients face pain, walk with them through

it and create bonded relationships that bring healing. The second way we do this is through the training of clinicians, pastors, lay-people, churches, and organizations. We have MIM certification tracks for both clinical and pastoral counselors. Whether you have a school, business, church, or private practice, every organization has people, and people are messy. Let us help you develop your people—and yourself—in the dynamics of relationships.

relational wounds need relational healing

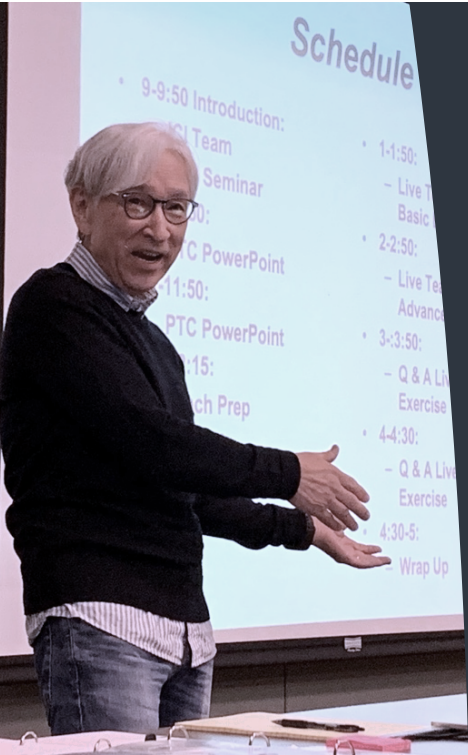
CLINICAL COUNSELING

ICI has affiliate clinicians that are either Licensed Professional Counselors, Licensed Marriage and Family Therapists or Licensed Clinical Social Workers. Each of these clinicians comes with either board certification licensure or internship/associate status. Many of our clinicians have specialized training or certification in the following areas:

- Substance abuse and addiction
- Childhood trauma and abuse
- Fostering and adoption
- Depression, anxiety, PTSD
- Interpersonal relationships

PASTORAL COUNSELING

Our pastoral counselors are uniquely qualified to help people from all walks of life. Coming in with theological training, ICI trains pastoral counselors to psychological clinical standards under Dr. Manock’s direction. Along with the ability to connect on spiritual matters, pastoral counselors are able to utilize the Manock Integrative Method and help people in profound ways.



OUR PASTORAL AND CLINICAL COUNSELING APPROACH IS FOR THE WHOLE PERSON

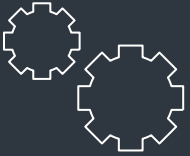
INTERNSHIP OPPORTUNITIES

Are you in grad school and looking to find a place to intern as well as make money while developing your therapeutic voice? Jump onto the ICI team and start counseling now.



BECOME ICI CERTIFIED: JOIN AN INTIMATE COHORT OF LAY, PASTORAL, AND CLINICAL COUNSELORS TO RECEIVE TRAINING AND CERTIFICATION IN THE MIM.

We are expanding our programs and services, creating more opportunities for interns to make a living while still working toward their required hours. Dr. Manock is a OBLPCT registered supervisor. ICI is also actively recruiting more supervisors, looking forward to creating more places for interns to receive effective supervision and experience.



WORKSHOPS FOR BUSINESSES

Ever heard the adage “it’s just business, it’s not personal” – Well, every business touches a person in some way. At ICI we work with organizations of all types and sizes to help navigate the complexity of people and the best ways to communicate for effectiveness.



WORKSHOPS FOR CHURCHES

Churches are still a central place where people look for guidance, direction, and good help for life’s issues. With our unique integration of theology we help churches via workshops for their leaders and congregations across an assortment of relevant issues.



INTENSIVE GROUP INTERVENTION

Is your team struggling? ICI offers an opportunity to have a qualified third party come in, help repair where there is discord, and get your team up and running full speed ahead.