

THE MANOCK INTEGRATIVE METHOD (MIM)

Through years of research and tens of thousands of client hours Dr. David Manock has weaved together his hybrid theory which takes the best of the following theoretical systems and integrates them into a cohesive whole known as the Manock Integrative Method or MIM for short:

ATTACHMENT THEORY | AT suggests that children come into the world biologically wired to form attachments with others. The MIM operates out of an attachment perspective, understanding that childhood and adult attachment bonds lie at the heart of what it is to be human. The MIM utilizes the genogram, AAI, MAAI, and other tools to determine primary attachment style and to help facilitate growth and healing. *"We do as we have been done by."* - Dr. John Bowlby

NEUROBIOLOGY | NB explores the impact of relationships and life experiences on the brain, as well as the effect that therapy has on brain function. In the past, experts believed that neurological growth stopped as late as early adulthood, but the discipline of neurobiology demonstrates that life-long neuroplasticity facilitates the formation of new neurons and neurological links throughout our entire lives. NB is transforming the field of psychology and is foundational to the MIM. *"Where attention goes, neural firing flows, and neural connection grows."* Dr. Daniel Siegel

INTERSUBJECTIVITY | IS acknowledges that humans possess internal working models that contain organizing principles to systematize our experience. In therapy IS is the interchange of thoughts and emotions both conscious and unconscious that form between two persons or "subjects," as facilitated by empathy, and moves psychology from a one-person to a two-person model, one that understands we are constantly operating in response to others. *"Intersubjective systems theory is the view that personal experience always emerges, maintains itself, and transforms in relational contexts."* - Dr. Donna M. Orange

EMOTIONALLY FOCUSED THERAPY | EFT, while often used for couples, has also been adopted for use with families. EFT is the most researched form of couple's therapy with an AT, Neuropsychology, and Gestalt base. This therapeutic method can help couples and family members form a more secure emotional bond, which can result in stronger relationships and improved communication. *"To be human is to need others, and this is no flaw or weakness."* - Dr. Sue Johnson

IMAGE OF GOD | IoG maintains that just as in any other relationship, humans view and relate to God as an attachment figure, whether they believe in him or not. Informed by our primary attachment styles and impacted by the imprints from our caregivers, each person wrestles with the Divine and with our own role in history. *"Every human is haunted by eternity."* Dr. David Manock



355 NE High St.
Salem, Oregon 97301
971.208.7227
www.salemici.com



Hope for Relationships

Workshops Brochure

counseling:
clinical
pastoral
training

Workshops for Organizations

SCHOOL PRESENTATIONS

We have presented to both staff and students from elementary schools all the way through graduate schools. Our team offers a wealth of experience with all ages. Let us help staff at your school handle stress, grow as a cohesive team, or learn effective ways to help children process their emotions and experiences.

BUSINESS SEMINARS

Businesses invest massive amounts of time and money into training for systems and productivity, yet their teams can struggle to produce well because of poor relational dynamics. Our business seminars include speakers with vast experience in the corporate world. We bring relevant information and accessible strategies that will impact your team's development in the key realm of relational dynamics.

“The info was presented clearly and very well researched. We are using it with our staff!”

- Sarah, school principal

PROCESSING WITH FIRST RESPONDERS

Bring our team in to spend a few hours helping those who give so much of themselves to help others. ICI's team walks regularly with Teachers, Health Care Workers, EMTs, Veterans, Active Duty Armed Forces, Police and Fire personnel.

What our Workshops look like

CAPTIVATING SPEAKERS

We all know what it's like to sit through a seminar that at first sounded so intriguing but turns out to be a waste of your day or your company's time and money. Our seminars aren't like that. Not only is our information useful, it is also accessible. Our presenters will keep you engaged and you will find the material and environment to be relatable, comfortable, and profound enough to keep you thinking long after the seminar is over.

“The presenters had us glued to them the entire time!”

- Bill, about our *Killing Stress Workshop*

POWERFUL PRESENTATIONS

Utilizing stunning visuals and up-to-date research, ICI brings attendees information that is formative in all arenas of life. Our team works to create the best opportunity for you and your group to understand the principles we teach.

Along with our visual presentation we make sure you have access to files and printouts that you can take with you and can use to work out the process on your own.

Workshops for Churches

RE:PAIR

Married? Dating? Engaged? No matter where you are in your relationship there is always need to repair. Most couples struggle with this and it becomes the downfall of their relationship. Using our unique integration of Scriptures and Neuropsychology we help couples learn to process and heal their relationships.

“Dr. Manock's approach really helped us understand God's design better!”

- Nicole, a pastor, about our *Re:Pair Workshop*

(PAIR)ENTING

How do Christian parents *parent* in a post-Christian culture? How do we prepare our kids to navigate a society that has seemingly rejected reality? How do we nurture our children in the faith when 75% of them currently reject it after high school? ICI utilizes a blend of Biblical theology and attachment research to guide parents toward healthy and meaningful relationships with their kids. Parents can build secure bonds with their children, and from that safe attachment place can introduce a reality that prepares them for life.

CHRISTIANS & ANXIETY

Anxiety seems to be a pandemic of its own. Yet when pastors tell their people the right Bible verses it still continues. How do we as Christians and faith leaders address anxiety and fear in a world that seems to be both adding to it and claiming to have the fix? Hear from a team that has personal experience with anxiety and with walking others through it. Learn how to hold anxiety rather than fight it, and experience the powerful way relationships can break anxiety's grip.

...and many more topics!